



Final Announcement



Kemenkes



8th PINKAN

Pertemuan Ilmiah Nasional
Kesehatan Jiwa, Adiksi & Neurosains

Child and Adolescent Psychiatry - Addiction Psychiatry -
Consultation Liaison Psychiatry

The Neuroscience Revolution:
Redefining Modern Psychiatry, Addiction and Mental Health Care

3 - 5
July 2026

Hotel Patra
Semarang, Indonesia



Contact Person

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Opening Remarks Chairperson of the Organizing Committee



With profound gratitude, we are pleased to announce that the 8th National Scientific Meeting on Mental Health, Addiction & Neuroscience (PINKAN) will be held in Semarang on July 3–5, 2026. This annual scientific event is initiated by the Institute of Mental Health, Addiction, and Neuroscience (IMAN), and this year, we in Semarang are honored to serve as the host.

The theme of the 8th PINKAN, “The Neuroscience Revolution: Redefining Modern Psychiatry, Addiction and Mental Health Care,” has been chosen in response to the rapid advancements in neuroscience that have transformed our understanding of brain mechanisms, addiction, behavior, and clinical approaches in modern mental health care. These developments call for the integration of knowledge, interdisciplinary collaboration, and continuous updates in clinical practice.

Through a series of symposia, workshops, scientific discussions, and research presentations, the 8th PINKAN is expected to serve as a platform to broaden perspectives, strengthen academic and clinical collaboration, and formulate strategic steps in addressing the challenges of mental health services in Indonesia. We hope that this event will provide meaningful contributions to the advancement of knowledge and the improvement of service quality in psychiatry, addiction, and neuroscience.

We would like to express our sincere appreciation to all parties who have provided their support, including IMAN, our distinguished speakers, institutional partners, sponsors, and all members of the organizing committee who have worked diligently in preparing this event. May the 8th PINKAN be successfully conducted and bring valuable benefits to all participants and to the advancement of mental health sciences in Indonesia.

Prof. Dr. Alifiati Fitrikasari, dr., Sp.K.J., Subsp.K.L (K)

Chairperson of the Organizing Committee

The 8th PINKAN Semarang 2026

 **EVENT
INFORMATION**

Organized by

Institute of Mental Health, Addiction, and Neuroscience (IMAN)

Event Name

8th PINKAN

(The 8th National Scientific Meeting on Mental Health, Addiction & Neuroscience)

Theme

The Neuroscience Revolution:
Redefining Modern Psychiatry, Addiction and Mental Health Care

Date

3 - 5 July 2026

Location

Hotel Patra Semarang, Indonesia

Bank Account Information

Bank: Bank Mandiri

Account Name: PT Kongres Manajemen Indonesia

Account Number: 132-00-8887-772-6

Professional Congress Organizer

Indonesia Congress Management

Jl. Westhoff 35 Bandung 40171

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Secretariat

Institute of Mental Health, Addiction,
and Neuroscience (IMAN)

Rumah Sakit Jiwa Islam Klender

Jl. Bunga Rampai No.10 Perumnas Klender,
Jakarta Timur 13460

ORGANIZING COMMITTEE

Chairperson : Prof. Dr. Alifiati Fitrikasari, dr., Sp.K.J., Subsp.K.L (K)
Treasurer : Prasila Darwin, dr., Sp.K.J
Secretary : Nabila Syfa, dr., Sp.K.J

Advisory Committee

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Vice Chair : Prof. Dr. Mustafa Mahmud Amin, dr., M.Ked(KJ), M.Sc., Sp.K.J (K)
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Iman Firmansyah, dr., Sp.K.J., SH., MH
Agung Frijanto, dr., Sp.K.J., MH
Dr. Khamelia, dr., Sp.K.J
Hari Nugroho, dr., M.Sc
Hilma Paramita, dr., Sp.K.J
Adhi Wibowo Nurhidayat, dr., Sp.K.J(K), MPH
Mayjen Ichsan Firdaus, Sp.K.J., MMRS
Brigjen Hadi Juanda, dr., Sp.PD., MARS

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Vice Chair : Danang Nur Adiwibawa, dr., Sp.K.J
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Tanjung Ayu Sumekar, dr., Sp.K.J
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Chang Jin Young, dr., Sp.K.J
Frilya Rachma Putri, dr., Sp.K.J (K)
Ida Rochmawati, dr., Sp.K.J., Subsp.K. (K), M.Sc
Dr. Warih Andan Puspitosari, dr., M.Sc., Sp.K.J (K)
Era Catur Prasetya, dr., Sp.K.J

Scientific Program

Time	Friday, 03 July 2026
	Program
07.00-08.00	Re-registration
08.00-08.50	Opening Ceremony
08.50 - 09.10	Plenary Lecture 1 Psychiatric Assessment in the Era of Artificial Intelligence: Challenges of Self-Diagnosis, Clinical Validity, and Implications for Modern Psychiatric Practice Prof. Dr. Mustafa M. Amin, dr., Sp.K.J., Subsp.B.P. (K), M.Ked, M.Sc
09.10 - 09.30	Plenary Lecture 2 Cutting-edge Research and Treatment in Drug Addictions Prof. Dr. Mohamad Hussain Bin Habil (Malaysia/Online)
09.30-09.45	Morning Coffee Break
09.45-10.35	Symposium 1 Pharmacogenomics of Schizophrenia Moderator : Dr. Khamelia Malik, dr., Sp.K.J., Subsp.B.P. (K)
09.45-10.05	Development of a Risperidone Antipsychotic Response Prediction Algorithm Based on Genetic and Clinical Profiles among People with Schizophrenia in Indonesia Dr. Khamelia Malik, dr., Sp.K.J., Subsp.B.P. (K)
10.05-10.25	From One-Size-Fits-All to Precision Prescribing: Pharmacogenomics in Psychiatric Drug Selection and Adverse Drug Reaction Prevention Lonah, dr., Sp.FK
10.25-10.35	Discussion
10.35-13.00	Friday Prayer & Lunch Break
13.00-14.10	Symposium 2 Implementation of Serious Games and App-Based Interventions for ADHD Moderator : Candra Ramadhanny, dr., Sp.K.J., M.H., M.Kom
13.00-13.20	Analysis of the benefits of structured digital interventions, including Virtual Reality-based games, in improving attentional function in children with ADHD. Frilya Rachma Putri, dr., Sp.K.J (K) (online)
13.20-13.40	The effectiveness of digital therapy in improving self-regulation (emotion, planning, and organization) and in modifying neural activity in the frontal brain regions. Prof. Dr. Tjhin Wiguna, dr., Sp.K.J., Subsp.A.R (K)
13.40-14.00	Acceptance and Commitment Therapy (ACT)-based Digital Intervention as Flexible Alternatives that Can be Accessed at Home and at School Candra Ramadhanny, dr., Sp.K.J., M.H., M.Kom
14.00-14.10	Discussion



Scientific Program

Time	Friday, 03 July 2026
	Program
Symposium 3	
14.10-15.20	<p style="text-align: center;">Modern Psychiatric Classification: A Transdiagnostic Approach</p> <p style="text-align: center;">Moderator : Azimatul Karimah, dr., Sp.K.J., Subsp.K.L. (K), FISCAM</p>
14.10-14.30	<p>The Shift from Categorical to Dimensional Models: Discussing the limitations of the categorical systems of ICD and DSM, and the potential of a transdiagnostic approach as a new basis for psychiatric nosology</p> <p style="text-align: center;">Prof. Dr. Mustafa M. Amin, dr., Sp.K.J., Subsp.B.P. (K), M.Ked, M.Sc</p>
14.30-14.50	<p>Comparative Analysis of RDoC and HiTOP: Examining the differences and potential synergies between the neurobiology-based Research Domain Criteria (RDoC) and the statistically based Hierarchical Taxonomy of Psychopathology (HiTOP)</p> <p style="text-align: center;">Azimatul Karimah, dr., Sp.K.J., Subsp.K.L. (K), FISCAM</p>
14.50-15.10	<p>The P-Factor in Psychopathology: Exploring the concept of the general factor in psychiatry, suggesting that mental disorders may share common etiological foundations</p> <p style="text-align: center;">Dr. Ronny Tri Wirasto, dr., Sp.K.J</p>
15.10-15.20	Discussion
15.20-15.30	Afternoon Coffee Break
15.30-16.30	Plenary 3
Moderator : dr. Hari Nugroho, M.Sc, FRSPH, CISAM	
15.30-16.20	<p>Substance Use Disorders (SUDs) and ADHD: Epidemiology, Etiology , Prevention and Treatment</p> <p style="text-align: center;">Prof. Wim Van Den Brink</p>
16.20-16.30	Discussion
End of Day 1	


Scientific Program

Time	Saturday, 04 July 2026
	Program
07.00-08.00	Re-registration
08.00-08.20	Plenary Lecture 4 Trauma, Psychiatric Comorbidity and Addiction in Women Prof. Suzaily Wahab, MD., DrPsych (Malaysia)
08.20-08.40	Plenary Lecture 4 Consultation Liaison Psychiatry & Addiction Prof. Dr. Alifiati Fitrikasari, dr., Sp.K.J., Subsp.K.L (K)
08.40-09.50	Symposium 4 Esketamine Treatment for TRD and Suicide Prevention Moderator : Adhi Wibowo Nurhidayat, dr., Sp.K.J., Subsp.Ad. (K), MPH
08.40-09.00	Treatment Resistant Depression (TRD) and Suicide : Changes in Brain Neurotransmitters and Neuroplasticity Dr. Natalia Dewi Wardani, dr., Sp.K.J
09.00-09.20	Esketamine Nasal Spray : Administration Guide and Challenges Adhi Wibowo Nurhidayat, dr., Sp.K.J., Subsp.Ad. (K), MPH
09.20-09.30	Discussion
09.30-10.40	Symposium 5 ASD - MDD - SUD Moderator : Tanjung Ayu Sumekar, dr., M.Si.Med., Sp.KJ., AIFO-K
09.30-09.50	Breaking the Loop: Modern Clinical Strategies for Managing OCD & MDD Dr. Nurmiati Amir, dr., Sp.K.J., Subsp.B.P. (K)
09.50-10.10	Metabolic Phenotypes in Autism: Examining the relationship between insulin resistance, mitochondrial dysfunction, and symptom severity in children with Autism Spectrum Disorder (ASD). Tanjung Ayu Sumekar, dr., M.Si.Med., Sp.KJ., AIFO-K
10.10-10.30	Parenting Issues in Women with Substance use Disorders Prof. Suzaily Wahab, MD., DrPsych (Malaysia)
10.30-10.40	Discussion
10.40-10.50	Morning Coffee Break
10.50-11.40	Symposium 6 Transdiagnostic Approach in Psychiatry: What Should We Know? Moderator : Prof. Dr. Alifiati Fitrikasari, dr., Sp.K.J., Subsp.K.L (K)
10.50-11.10	Transdiagnostic Approach In Psychiatric Disorder: Bridging Symptoms Across Disorder Dr. Natalia Dewi Wardani, dr., Sp.K.J
11.10-11.30	The Role of Cariprazine as Dopamine Partial Agonist in Managing Dual Disorder Adhi Wibowo Nurhidayat, dr., Sp.K.J., Subsp.Ad. (K), MPH
11.30-11.40	Discussion

Scientific Program

Time	Saturday, 04 July 2026
	Program
Lunch Symposium	
11.40-12.50	Evidence-Based Approaches to Acute Anxiety: A Deep Dive into Benzodiazepines in Modern Clinical Practice Moderator : Soesmeyka Savitri, dr., Sp.K.J
11.40-12.00	Revisiting Lorazepam: New Insights into Efficacy and Clinical Practice for acute anxiety Danardi Sosrosumihardjo, dr., Sp.KJ(K)
12.00-12.20	Diazepam in the Modern Era: Why It Remains Vital in Today's Psychiatric Practice Soesmeyka Savitri, dr., Sp.K.J
12.20-12.40	Right Patient, Right Molecule: Decoding Lorazepam and Diazepam through Real-World Case Sharing Prof. Dr. Almeida Effendy, dr., M.Ked., Sp. K.J., Subsp. B.P (K)
12.40-12.50	Discussion
12.50-13.20	Prayer
Symposium 7	
Sleep Disorders and DORA	
Moderator : Linda Kartika Sari, dr., Sp.K.J	
13.20-13.40	Sleep Dysregulation in Mood and Psychotic Disorders: Neurobiological Mechanisms and Prognostic Implications Dr. Khamelia Malik, dr., Sp.K.J., Subsp.B.P. (K)
13.40-14.00	Insomnia, Anxiety, and Trauma: Psychophysiological Interactions and Therapeutic Approaches Prof. Dr. Alifiati Fitriksari, dr., Sp.K.J., Subsp.K.L (K)
14.00-14.20	Sleep Disorders and Addiction: The Role of Orexin Linda Kartika Sari, dr., Sp.K.J
14.20-14.30	Discussion
Symposium 8	
Brexiprazole for Agitation in Alzheimer's Dementia	
Moderator: Dr. Nurmiati Amir, dr., Sp.K.J., Subsp.B.P. (K)	
14.30-14.50	Update on Dementia 2026: Epidemiology, Diagnosis & New Paradigms Prof. Dr. Martina Wiwie, dr., Sp.K.J., Subsp.Ger (K)
14.50-15.10	Mechanism of Action of Brexpiprazole for Agitation in Alzheimer's Dementia Dr. Nurmiati Amir, dr., Sp.K.J., Subsp.B.P.(K)
15.10-15.30	Focus on AAD Treatment & CMAI Instrument: - Overview of AAD (Agitation in Alzheimer's Dementia) - How to use CMAI effectively - Clinical case: Brexpiprazole for AAD Erika Vitri Yulianti, dr., Sp.K.J., Subsp. Ger.(K)
15.30-15.40	Discussion
CLOSING CEREMONY	
15.40 - 16.00	Announce the Winner of Research Award, Oral and Poster End of Day 2

Scientific Program

Time	Sunday, 05 July 2026	
	Workshop 1: Terapi Elektrofisiologi	
08.00-11.30	Terapi Elektrofisiologi untuk Kecanduan Narkoba dan Judi (qEEG & TMS)	
	Dr. Adriesti Herdaetha, dr., Sp.KJ (K), M.H. dr. Santi Yuliani, M.Sc., Sp.KJ, Subsp.ENP (K) Mayjen TNI (Purn) dr. Agung Hermawanto, Sp.KJ., Subsp.Ad (K)	
Time	Sunday, 05 July 2026	
	Workshop 2: Addiction Policy & Law	
08.00-11.30	A Multidisciplinary Approach to Law Enforcement and Mental Health Policy Related to New Psychoactive Substances	
	Simulation of Collaboration Between Medical Professionals, Psychiatrists, and Law Enforcement in Managing Cases of New Psychoactive Substance Addiction Dr. dr. Warih Andan Puspitosari, M.Sc., Sp.KJ(K) Updates on Recent Legislation and Its Implementation in Clinical Practice and Rehabilitation Danardi Sosrosumihardjo, dr., Sp.K.J., Subsp.Ad (K) Advocacy Strategies and Effective Communication to Support Policies for the Control of Addictive Substances Dr. Natalia WR, dr., Sp.K.J., Subsp.F. (K), M.Pd.Ked	
Time	Sunday, 05 July 2026	
	Workshop for GP	
08.00-13.00	Manajemen Skizofrenia Pasca-Rujuk Balik di Puskesmas/Klinik: Deteksi Dini Relaps dan Optimalisasi Kepatuhan Terapi (a.l. Injeksi Antipsikotik Jangka Panjang)	
	Konsep dasar program rujuk balik skizofrenia Pengenalan tanda dan gejala kekambuhan Penatalaksanaan tanda dan gejala kekambuhan skizofrenia oleh dokter umum Dr. Nurmiati Amir, dr., Sp.K.J., Subsp.B.P. (K) Dr. Khamelia Malik, dr., Sp.K.J., Subsp.B.P. (K)	

Scientific Program

SCAN SKP



Time	Sunday, 05 July 2026
	Islamic Mental Health, Workshop Batch 3.
13.00 - 16.30	<p>Kesadaran, Kematian, dan Ketenangan Jiwa: Perspektif Spiritual, Religi, dan Psikiatri</p> <p>Kesadaran, Jiwa, dan Ketenangan Psikis: Perspektif Anestesi, Neurosains, dan Konsep Jiwa yang Tenang dalam Kajian Al-Qur'an dr. Ahmad Nizar Shihab, Sp.An</p> <p>Menghadapi Kematian dalam Perspektif Psikiatri dan Spiritualitas: Pengalaman Kedekatan dengan Kematian, Makna Eksistensial, dan Adaptasi Psikologis dalam Kerangka Agama Era Catur Prasetya, dr., Sp.K.J</p>

SCAN SKP



Time	Sunday, 05 July 2026
	Workshop 4: Military Psychiatry
13.00 - 16.30	<p>Re-registration</p> <p>From Battlefield to Brain Health: The Role of Neuroscience in Military Psychiatry and Addiction Care</p> <p>Invisible Crimes at Sea: A Forensic Psychiatry Perspective on Stress, Violence, and Behavioral Misconduct in Naval Personnel Kol. Purn. dr I Ketut Tirka Nandaka SpKJ., Subspes For (K)., SH.</p> <p>When the Mission Takes More Than Life: A Case Report of Severe Sensory Trauma and Psychological Recovery in a Peacekeeping Soldier Kol.Kes. Dr. Srimpi Indah Zulaecha, Sp.KJ, FS</p> <p>Online Gambling in Military Settings: Identifying Vulnerability and Building Protective Strategies for Personnel Kol. Ckm. Dr. dr. Machnizar Sentari., SpKJ., Subsp.Mil (K)., FS</p>

Time	Sunday, 05 July 2026
	<p>MASTER CLASS Writing for Research Grant and High Impact Publication</p> <p>Re-registration</p> <p>Prof. Suzaily Wahab, MD., DrPsych (Malaysia)</p>
07.00-08.00	
08.00-16.30	

REGISTRATION FEE

Registration	Regular April-July 2026	Onsite
<i>Dokter Spesialis & Dokter Umum</i>		
Symposium	IDR 2.250.000	IDR 2.500.000
Symposium + 1 Workshop	IDR 3.250.000	IDR 3.500.000
Symposium + 2 Workshop	IDR 4.500.000	IDR 4.500.000
Symposium + Master Class	IDR 4.250.000	IDR 4.500.000
<i>Residen - PPDS</i>		
Symposium	IDR 2.000.000	
Workshop	IDR 2.250.000	
Master Class	IDR 3.000.000	IDR 3.250.000
<i>Mahasiswa FK - Koas, Psikolog & Non Medis</i>		
Symposium	IDR 1.000.000	IDR 1.500.000
Workshop	IDR 1.250.000	IDR 1.500.000
Master Class	IDR 2.500.000	IDR 2.750.000

SCAN HERE FOR REGISTRATION



Bank: Mandiri
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Contact Person
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Registration Link
bit.ly/REG-PINKAN2026



Hotel Patra Semarang, Indonesia

Jl. Ungaran Raya, Kota Semarang

Deluxe Room

IDR 950.000,- /room/night

Organized by:
ICM Indonesia
Congress
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